The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation:	
Rushey Gree	en Timebank (RGTB)
If your organisation is part of a larger organisation	anisation, what is its name?
To which London Dovovski is vove oversion	
In which London Borough is your organisa	tion based?
Lewisham	
Contact person:	Position:
Ms Maria Devereaux	Project Co-ordinator
Website: http://www.rgtb.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or
Charitable company	company number:1101616
When was your organisation established?	18/02/2003

Grant Request

Under which of City Bridge T	rust's programmes are you	u applying?
I	mproving London's Env	ironment
Which of the programme out	come(s) does your applica	tion aim to achieve?
More people reporting impand through growing and		gh greater use of open spaces
More young people under nutritional value	standing the benefit of g	growing local food and its
Please describe the purpose	of your funding request in	one sentence.
To develop our Wild Cat W	/ilderness community g	reen space.
When will the funding be req	uired? 01/08/2017	
How much funding are you re	equesting?	
Year 1: £40,444	Year 2: £34,851	Year 3: £36,368
Total: £111,663		

Aims of your organisation:

The Rushey Green Time Bank improves the wellbeing of Individuals by enabling the local community to provide care and services for each other through a variety of activities that involve using people's skills and talents. As people start to help and get to know their neighbours, they rebuild a sense of trust and start to feel that they are part of the neighbourhood. They re-build community wealth and health. Our aim is to help build a cohesive community where neighbours get to know and can rely on each other for help and support, and where people of different ages, cultures, backgrounds and abilities interact.

Main activities of your organisation:

On principles of coproduction and an asset-based approach our beneficiaries get involved with each other and the wider community by sharing their time and skills and by volunteering in the various projects or communities we initiate or are part of. They can be local people whose lives are often extremely difficult, and who experience social and economic challenges. Many also experience poor mental and physical health, and the activities we facilitate provide the means for them to meet other people, get busy, feel connected and valued. Apart from the Wild Cat Wilderness, we have several small group activities where people learn or trade skills, including the Lewisham Foodcycle where volunteers source waste food and provide a healthy meal once a week to isolated residents. We run Bring and Fix public fairs where people use their knowledge to repair items for others, and we host the Lewisham Local Community Contributor Card, a scheme to incentivise volunteering.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	2	5	600

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Ongoing and free

The Wild Cat Wilderness is a natural wilderness in Catford where the local community can explore nature and wildlife, play or relax in its peacefulness, learn new outdoor skills, share and enjoy the space with other local people of all ages, cultures, faiths and abilities. Since September 2014 volunteers, with the help of a part time project co-ordinator and local steering group, have transformed a neglected, overgrown, rubbish strewn space into a thriving community green space.

We wish to continue to engaging the local community in nature based activities to help promote physical and mental wellbeing, community cohesion, social inclusion, volunteering and learning new skills. To date we have successfully targeted high areas of social deprivation in Catford and wish to encourage more people in the wider community to volunteer and take part. Statistically, Lewisham remains amongst the most deprived local authority areas in England. In the overall Index of Multiple Deprivation, Lewisham's average score was 28.59, which puts Lewisham as the 48th most deprived of all 326 Local Authorities. The project will help address the poor health and wellbeing that exists in the local areas of Rushey Green and Catford, and the extreme social deprivation that characterises the lives of those in the nearby Bellingham. The Wild Cat Wilderness is a unique space in the local area, a safe (but wild) oasis which allows the local community to enjoy and work with nature, harvest and grow fresh local food, a piece of the countryside in the heart of Catford. Its a space the community have shaped, a place for children to safely run around, get dirty and learn, a meeting point for families, for neighbours, to make friends and feel part of a community. At the heart of this urban green space is the campfire, a focal point for chatting, story telling, sharing and cooking, a focus for everyone involved to come together. The Rushey Green Time Bank is ideally placed to do this as a key local volunteer organisation empowering people to use existing skills for the benefit of others.

We would continue to make the site more attractive, (rubbish clearance), safer (better access and paths) and carry out conservation work enhancing the biodiversity. We have the potential to double the space by clearing further spaces, creating paths and releasing trees from the overgrown brambles. We would provide free outdoor events and nature based activities for all ages including nature conservation, bushcraft skills, recycling materials. organic food growing, preserving and healthy cooking. This would include regular volunteer sessions, forest schools for the local preschool and primary schools, family school holiday activities, adult workshops and sessions with the youth offending service. We would like to develop the community food growing space with raised beds and a polytunnel so that it can be used for educational purposes for the forest schools and younger people. This along with our new bee hive, would allow these groups to learn about organic food growing and its benefits. We would also like to run more cooking and preserving workshops using locally grown produce to further enhance the understanding of healthy, nutritious food for families. The funding would cover the cost of a part time project co-ordinator and part time assistant to work with the community, organise the volunteers, plus help run regular activities and events with the support of working party groups of local people. The funding would also pay for a polytunnel, soil and compost for the raised beds, a new 'kitchen' shelter, new and replacement equipment, educational resources, materials for workshops and publicity.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

TimeBankingUK QM

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

120 (40 per year) volunteer sessions to engage the local community in nature conservation and organic food growing.

180 forest school sessions during term time (3 per week) and 33 (weekly) family activities during spring, summer and autumn school holidays to encourage young people to learn about nature, organic food growing and beekeeping.

Develop an educational community garden with local volunteers as a resource to learn about organic food growing, medicinal herbs and their benefits.

18 workshops (6 per year) on cooking and preserving to promote the understanding of healthy and nutritious local food.

15 events/festivals/open days (5 per year) in a safe green space so that local people come together as a community to share stories, ideas, skills and food together.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

An improvement of the physical and mental health of the local community who are involved with The Wild Cat Wilderness

Local young people understand the value of and benefits of nature and local organic food

Local residents have learnt something new/new skills.

Local residents feel more socially included.

A bigger, safe green space with enhanced biodiversity for all the local community to enjoy

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes we plan to train and equip volunteers with the skills to carry on activities whilst looking for further funding to develop specific projects to support other local community needs such as children on the autistic spectrum

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?
583
In which Greater Landon harough(a) an area of the decimal and a second s
In which Greater London borough(s) or areas of London will your beneficiarles live? Lewisham (100%)
Lewisham (10070)
What age group(s) will benefit?
0-15
16-24
25-44
45-64
65-74
What gender will beneficiaries be?
All
Male
Female
Transgender or other gender identity
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
if Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Tota
Project staff	26,084	26,397	26,714	79,195
Marketing and publicity	1,250	1,250	1,250	3,750
Raised beds, soil, compost, seeds and polytunnel	3,708	260	260	4,228
New and replacement equipment	100	100	100	300
Educational and workshop materials	200	200	200	600
Training/workshop leaders	300	300	300	900
Kitchen shelter	3,800	700	700	5,200
Measurement and evaluation	800	800	2,000	
Rent, stationary, training, overheads	5,444	5,444	5,444	3,600 16,332

TOTAL:	7	41,086	34,851	36.368	112,305	
	 _1		9-1/001	30,306	112,305	ı

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Co-op community fund - raised beds	642	0	0	642
	0	0	0	0

TOTAL:	642	0	0	642
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL: 0 0 0 0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project staff	26,084	26,397	26,714	
Marketing and publicity	1,250	1,250	1,250	79,195
Raised beds, soil, compost, seeds and polytunnel	3,066	260	260	3,750 3,586
New and replacement equipment	100	100	100	300
Educational and workshop materials	200	200	200	600
Training/workshop leaders	300	300	300	900
Kitchen shelter and materials	3,200	700	700	4,600
Measurement and evaluation	800	800	2,000	3,600
Rent, stationary, training, overheads	5,444	5,444	5,444	16,332

TOTAL:	40,444	34,851	36,368	111,663
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
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Income received from:	£
Voluntary income	140,199
Activities for generating funds	٥
Investment income	70
Income from charitable activities	o
Other sources	2,821
Total Income:	143,090

Expenditure:	£
Charitable activities	132,518
Governance costs	1,758
Cost of generating funds	0
Other	0
Total Expenditure:	134,276
Net (deficit)/surplus:	8,814
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	8,814

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	67,217
Long-term liabilities	0
*Total Assets (A):	67,217

Reserves at year end	£
Restricted funds	47,857
Endowment Funds	o
Unrestricted funds	19,360
*Total Reserves (B):	67,217

^{*} Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 14004

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

Citing of I and I	Year 3	Year 2 £	Most recent
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	110,336	100,628	80,789
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder London Catalyst	Year 3	Year 2	Most recent
	10,000	0	0
People's health trust	0	10,950	20,075
Community Development Foundation	0	9,796	0
People's Postcode Trust	0	0	9,862
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Philippe Granger

Role within

CEO

Organisation:

Funding required for the project

What is the total cost of the proposed activity/project?

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Expenditure heading	Year 1	Year 2	Year 3	Tota!
Project Staff	26084	26397	26714	79195
Market and publicity	1250	1250	1250	3750
Raised beds, soil, compost, seeds & polytunnel	3708	260	260	4228
New & replacement equipment	100	100	100	300
Workshop and /education materials	200	200	200	600
Training/ workshop leaders	300	300	300	900
Kitchen/ shelter & skips	3800	700	700	5200
Measurement and evaluation	800	800	2000	3600
Share of overheads, stationary, rent, training	5444	5444	5444	16332
TOTAL:	41686	35451	36968	114105

What income has already been raised?

Year 1	Year 2	Year 3	Total
642			642
642			642
	642		642

What other funders are currently considering the proposal?

Year	1	Year 2	Year 3	Total
	\dashv			
	Year	Year 1	Year 1 Year 2	Year 1 Year 2 Year 3

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Staff	26084	26397	26714	7919
Market and publicity	1250	1250	1250	3750
Raised beds, soil, compost, seeds & polytunnel	3158	260	260	3678
New & replacement equipment	100	100	100	300
Workshop and /education materials	200	200	200	600
Training/ workshop leaders	300	300	300	900
Kitchen/ shelter & skips	3800	700	700	5200
Measurement and evaluation	800	800	2000	3600
Share of overheads, stationary, rent, training	5444	5444	5444	16332
TOTAL:	41044	35451	36968	113463